

THE ADELE

THE OFFICIAL NEWSLETTER OF THE ADELE SCHOOL FOR SPECIAL CHILDREN



PINKTOBER

Written by Mrs. J. Lake-Cottam - Teacher

In October we celebrated Pinktober, an event bringing awareness to Breast Cancer, in Antigua and around the world. Students and staff wore pink and made a small monetary contribution towards this cause.

Using various materials, each student created a pink ribbon. These were then made into a larger collage shaped in the classic Breast Cancer Symbol. It was truly a day filled with excitement and laughter and creativity at it's best.



To crown this activity, Teacher J. Thomas presented to Mrs. Gisel Joshua of Breast Friends, the monetary contribution and the large collage made by the staff and students.

FACT:

In 2020, an estimated 276,480 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 48,530 new cases of non-invasive breast cancer.



HOMEMADE PIZZA

COOKING CLUB RECIPE

- Sliced bread or French bread
- Diced sweet peppers
- 1 small can of mushrooms
- 1 small can Hunt's® Tomato Sauce
- Shredded mozzarella cheese
- Shredded cheddar cheese

Spread the tomato sauce on the bread
Add the toppings and bake for 10 minutes.
Enjoy!





WHEN I GROW UP...

by Jacqueline Azille-Joseph - Deputy Principal

When you were very young, what career did you dream of? What did you want to be? Are you working in the career that you dreamed of? It is with the hope of encouraging our students that we hosted our annual Career Day event on Wednesday 18th November, 2020.

During the morning's General Assembly, Teacher J. Thomas made everyone feel extra-special as she shared information about the careers showcased by the students. The students were all dressed in varying outfits depicting the jobs they were desirous of having. On-call were teachers, police officers, nurses, truck drivers, footballers, a computer technician, a dancer, a pastor and a DJ just to name a few. One student even came dressed as local soca artiste, Tian Winter.

There was much excitement on the compound as they paraded in their outfits and posed for the usual photo.



Observing World Prematurity Day

by Janelle Lake-Cottam - Teacher

On Tuesday, 17th November 2020, the entire globe moved in harmony as attention was drawn to individuals who were born too soon or preterm. Preterm refers to babies born alive before thirty-seven (37) weeks of pregnancy are completed. Very often, these babies are born with complications however many go on to lead successful lives.

Here at the Adele School for Special Children, a few of the students and teachers were born too soon. As a result, on Wednesday, 18th November 2020, we sought to recognize those very special individuals by presenting them with a purple ribbon and a purple mask which they wore with pride.

To culminate the morning's activities we were visited by a team from the Pediatric Unit at the Mount St. John's Medical Centre (MSJMC). These dedicated medical professionals made a timely donation of some much-needed equipment and supplies. To the team, we say a hearty "Thank you."

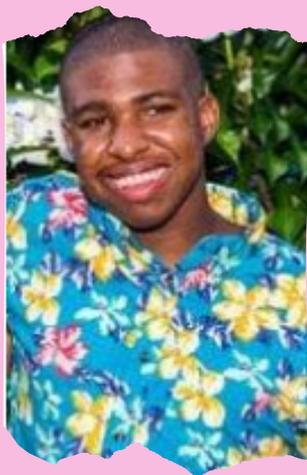
FACT:

An estimated 15 million babies are born too early each year.



Meet *Kristopher*

by *Julia Meyer - Parent*



Hello everyone, my name is Kristopher Z. Benjamin and I am 17 years old. I attend the Adele School for Special Children and, my class is Room 6.

My journey has not been a smooth one, but memorable with lots of travel and different experiences. The best way to explain all my

abilities and challenges is to start with the fact that I was born with Occipital Encephalocele, (big words) which lead me to travel for the first time at three weeks old to Long Island, New York to have surgery.

During my first four years, my mummy and I travelled back and forth so that I could receive occupational, speech, and physical therapy. It was at this point that I was diagnosed with Dandy-Walker Syndrome and, also discovered that I am on the Autism Spectrum.

Remember everyone; these things are not an illness or a disease. It's just that they cause my brain to work differently from yours. I see, hear and process everything in my own way.

Now to the good stuff! I enjoy playing with any electronics. Mostly car games and watching videos about cars. I enjoy visiting the beach and my family; especially "My Mama." My favourite food is bread and cheese and of course who does not love hotdogs and hamburgers! I also enjoy ice cream and cake.

Yeah, but my mom makes sure that I eat my fruits and vegetables, as she loves to tell me "it's 'brain food' and it's good for you."

This is me, Kristopher, in a nutshell; special, unique and one terrific child, with all the love and support from my family and friends. Who could ask for anything more?



A-SAILING WE WILL GO

by *Ann-Marie Samuel - Teacher*

The National Sailing Academy (NSA) located in English Harbour Antigua runs a weekly program known as Sailability. Sailability was designed to allow persons with disabilities to discover what sailing could do for them. For our students, it offers an opportunity to be filled with new sensory and physical experiences, along with social interaction and a day of respite outside of the regular classroom setting.

Each term students and teachers enjoy a scenic view as they journey to Dockyard Drive twice a week via the school bus. Special boats are utilized to allow our students to board easily for a chance to learn how to sail. Sailing gives them the ultimate liberating life experience. It is the perfect sport for many of our students as they will learn to sail the boats on their own or may even embark on competing against others. For those who may not be able to sail solo or to compete, the sheer pleasure of being out on the water, the feeling of freedom it brings, and the sense of adventure are all indescribable.

Sailability helps to enrich the lives of the students who are socially, physically, and intellectually challenged. With this, we at Adele School for Special Children would like to thank the entire team at the National Sailing Academy for their dedication, year after year.

" Positivity always wins...Always "

- Gary Vaynerchuk

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